

# Scott Graupensperger, PhD.

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## ACADEMIC POSITIONS

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- 2022-Present **Assistant Professor - University of Washington School of Medicine.**  
Center for the Study of Health and Risk Behaviors - Psychiatry & Behavioral Sciences.
- 2021-22 **Acting Assistant Professor - University of Washington School of Medicine.**  
Center for the Study of Health and Risk Behaviors - Psychiatry & Behavioral Sciences.

## EDUCATION & TRAINING

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- 2020 **Postdoctoral Fellowship – Psychology Training in Alcohol Research (T32 AA007455)**  
Center for the Study of Health and Risk Behaviors - Psychiatry & Behavioral Sciences.  
University of Washington, Seattle, WA.
- 2019 **Dual-Title PhD: Kinesiology / Clinical & Translational Science**  
Pennsylvania State University, University Park, PA
- 2016 **M.A., Developmental Psychology**  
Bowling Green State University, Bowling Green, OH
- 2016 **M. Ed., Kinesiology (Health and Human Development)**  
Bowling Green State University, Bowling Green, OH
- 2014 **B.A., Psychology (*Summa Cum Laude*)**  
Northern Arizona University, Flagstaff, AZ

## GRANT FUNDING & COMPETITIVE RESEARCH SUPPORT

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- 2023-24 **North American Interfraternity Conference (NIC)**  
*Exploring Social Norms of Hazing, Bystander Intervention, and Health-Risk Behaviors of Fraternity Men.*  
Principal Investigator  
\$50,000
- 2023-25 **The International Center for Responsible Gaming (ICRG)**  
*Behavioral risks, harms, and correlates of sports betting among young adults: Short and long-term associations from bi-weekly repeated assessments.*  
Principal Investigator  
\$175,000
- 2023-24 **Royalty Research Fund**  
*Proof-of-concept for a social norms approach to reducing gambling-related harms of speculative trading among young adults.*

Principal Investigator  
\$40,000

- 2022-23 **APA & CDC: Psychological Science Addressing COVID-19 Pandemic Priorities**  
*Development and testing of a personalized normative feedback intervention for vaccine hesitancy.* (CDC prime award number: 6NU87PS004366-03-02)  
Principal Investigator (Multiple PI: Anna Jaffe)  
\$250,000.
- 2022-23 **Social Norms & Skills Training: Motivating Campus Change – Supplement NOSI on Health of Sexual and Gender Minority Populations**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
Co-Investigator (Mary Larimer, P.I.)  
\$388,750.
- 2020-23 **Personalized mobile app intervention: Challenging alcohol expectancies to reduce high-risk alcohol use and consequences (R01 AA016979)**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
Co-Investigator (Christine Lee, P.I.)  
\$2,490,691.
- 2022-23 **A Longitudinal, Measurement Burst Study to Examine the Ecological Validity of the Prototype Willingness Model of Hazardous Young Adult Alcohol Use (R01 AA025611)**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
Co-Investigator (Melissa Lewis, P.I.)  
\$291,751 (UW only)
- 2020-22 **COVID-19 Pandemic-Related Impacts on Longitudinal Trajectories of Alcohol, Marijuana, and Simultaneous Use and Mental Health among Young Adults (R01AA027496-02S1)**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA) and Office of the Director.*  
Co-Investigator (Christine Lee, P.I.)
- 2020-23 **Social Norms & Skills Training: Motivating Campus Change (R01AA012547 & R37AA012547)**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
Co-Investigator (Mary Larimer, P.I.)  
\$2,991,839.
- 2020-24 **Predictors and Consequences of Young Adult Marijuana Use and Concurrent and Simultaneous Alcohol Use: Month to Month Variation Across 24 Consecutive Months (R01AA027496)**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
Co-Investigator (Christine Lee, P.I.)  
\$742,422.
- 2020-21 **Intensive Daily Measurement of Simultaneous Alcohol and Marijuana Use in a High-Risk Community Sample of Young Adults: Impacts on Acute and Longer-Term Use and Consequences (R01AA025037)**

*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
 Co-Investigator (Christine Lee, P.I.)  
 \$2,300,040.

- 2020-21     **Trending Norms Messaging to Reduce Heavy Alcohol Use Behavior Among College Students: Testing Proof-of-Concept for a Brief Online Intervention.**  
*Addictions, Drug, & Alcohol Institute – Small Grants Program*  
 Principal Investigator.  
 \$12,435.
- 2019-20     **Employing longitudinal and social network analyses to examine how interacting small group norms influence college student alcohol use (F31 AA027685).**  
*NIH Predoctoral Ruth L. Kirschstein National Research Service Award*  
 Principal Investigator.
- 2019-20     **Staying ahead of the curve: A dynamic norms approach to reduce alcohol use intentions and behaviors in student-athletes.**  
*NCAA Graduate Student Research Grant Program*  
 Principal Investigator.
- 2018-20     **Exploring disparities in school sport participation in rural Pennsylvania**  
*Center for Rural Pennsylvania*  
 Co-Investigator (M. Blair Evans, P.I.)
- 2018-20     **Team Talk: Developing & Evaluating a Peer-Based Mental Health Intervention in Youth Lacrosse.**  
*US Lacrosse Foundation*  
 Co-Investigator (M. Blair Evans, P.I.)  
 \$29,916
- 2018-19     **Team drinking norms and student-athletes' alcohol use: A longitudinal investigation of the directionality and moderators on this association**  
*NASPSA Graduate Student Research Grant Award*  
 Principal Investigator.
- 2017-18     **Everyone Else Is Doing It: Predicting Susceptibility to Peer Influence in NCAA Student Athletes**  
*NCAA Graduate Student Research Grant Program*  
 Principal Investigator.

### **Grants Under Review**

- Under Review*     **A user-customizable personalized normative feedback intervention for alcohol harm reduction in young adults: Feasibility, acceptability, and preliminary efficacy (R34).**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
 Principal Investigator.

- Under Review*    **Dynamic norms feedback as an innovative brief intervention to reduce young adults' alcohol use and negative consequences (R01 AA030270)**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA)*  
 Principal Investigator.
- Under Review*    **Are tolerance breaks a step towards harm reduction? A mixed-methods examination of temporary abstinence from cannabis among a high-risk sample of young adults (R21).**  
*National Institute on Drug Abuse (NIDA).*  
 Co-Investigator (Katherine Walukevich-Dienst, P.I.)
- Under Review*    **Brief interventions for adolescent alcohol use**  
*Patient-Centered Outcomes Research Institute (PCORI)*  
 Co-Investigator (Dana Litt, P.I.)
- Under Review*    **Efficacy of brief interventions to reduce comorbid alcohol and cannabis misuse and sleep impairment in young adults (R01)**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
 Co-Investigator (Mary Larimer, P.I.)
- Under Review*    **The social construction of drinking events among young adults: The interplay of anticipated versus unanticipated drinking events, situational context, drinking motives, and affective states (R01)**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
 Co-Investigator (Anne Fairlie, P.I.)
- Under Review*    **MHealth intervention for young adult alcohol use during the transition to adulthood (R01)**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
 Co-Investigator (Christine Lee, P.I.)
- Under Review*    **County-specific COVID-19 risk level fluctuations in association with daily-level alcohol and cannabis use and mental health and substance use outcomes among adolescents and young adults**  
*National Institute on Alcohol Abuse and Alcoholism (NIAAA).*  
 Co-Investigator (Melissa Lewis, P.I.)
- Under Review*    **Talking about cannabis: Developing an intervention for family members of young adults with FEP to support reduced cannabis use**  
*National Institute on Drug Abuse (NIDA).*  
 Co-Investigator (Denise Walker, P.I.)

**Research Contracts and Other External Research Support**

- 2022-23      **Norms Documentation for Missouri Positive Community Norms Project**  
*Act Missouri/Missouri Department of Transportation*  
 Co-Investigator (Jason Kilmer, P.I.)  
 \$75,000.
- 2022          **Washington State Board of Education Climate Survey**  
*Washington State Board of Education.*  
 Co-Investigator (Jason Kilmer, P.I.)  
 \$99,921.
- 2021-23      **COVID-19 Check-In with Yourself Program**  
*Washington State Health Care Authority (SAMHSA)*  
 Co-Investigator (Christine Lee, P.I.)  
 \$300,000
- 2021-22      **COVID-19 Student Survey: Impacts & Implications on Student Learning and Well-Being.**  
*Washington State Office of Superintendent of Public Instruction (OSPI)*  
 Co-Investigator (Jason Kilmer, P.I.)  
 \$400,000.
- 2021-22      **StressCheck: Improving Voluntary Engagement for PTSD Treatment Among Soldiers.**  
**DOD- W81XWH-17-1-0002**  
*Department of Defense.*  
 Co-Investigator (Deb Kaysen & Denise Walker, P.I.s).  
 \$2,648,171.
- 2021-  
Present      **HOPE: Identifying and Leveraging Positive Community Norms**  
*The Montana Institute*  
 Principal Investigator.  
 \$150,000 ongoing.
- 2021-  
Present      **Chestnut Health Systems/Bloomington Normal Community Campus Coalition (working w/ Illinois State University, Illinois Wesleyan University, and Heartland Community College)**  
 Principal Investigator.  
 \$30,000 ongoing.

**Select Unfunded Grant Proposals**

*Unfunded*      **Leveraging social networks and normative feedback for improving adherence to COVID preventive behavioral guidelines among young adults (DP5 DE030722)**  
*NIH Director's Early Independence Award*  
 Principal Investigator (Impact Score = 46)

## ADDITIONAL AWARDS

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2024      **Travel Grant** – International Center for Responsible Gaming (\$1,500)  
 2019      **Enoch Gordis Research Recognition Award** – Research Society on Alcoholism.  
 2019      **National Graduate Student Writing Award** - American Kinesiology Association.  
 2019      **Outstanding Student Paper Award** - North American Society for the Psychology of Sport and Physical Activity.  
 2019      **Top Student Poster Award** – Society for Prevention Research.  
 2019      **Student Merit Award** – Research Society on Alcoholism (travel funding).  
 2019      **PSU Graduate Student Exhibition Research Poster Competition: Third Prize.**  
 2018      **Top Student Poster Award** – Society for Prevention Research.  
 2018      **Travel Award** – Society for Prevention Research.  
 2018      **Pre-doctoral TL1 Poster Presentation Award Finalist** – Translation Science Meeting.  
 2018      **PSU Graduate Student Exhibition Research Poster Competition: Second Prize.**  
 2017      **PSU Graduate Student Development Endowment Award.**  
 2017      **Noll Laboratory W. L. Kenney Travel Grant** (\$1,500).  
 2017      **Excellence in Graduate Recruitment Award** - PSU Kinesiology Department (\$2,000).  
 2016      **Outstanding Student Paper Award** - 23<sup>rd</sup> Annual Symposium on Research in Psychiatry, Psychology, and Behavioral Science. Medical College of Ohio, Toledo, OH.

## PUBLICATIONS

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**Total Publications:** 65

**First-Authored:** 32

[Google Scholar Page](#)

*\*Indicates mentored trainee.*

*\*\*Indicates last authorship reflects senior authorship on project (P.I.)*

66. Calhoun, B. H., Walukevich-Dienst, K., **Graupensperger, S.**, Patrick, M. E., & Lee, C. M. (2024). Morning cannabis use in young adults: Associations with overall levels of use, negative consequences, and cannabis use disorder symptoms across 2.5 years. *Drug and Alcohol Dependence*.
65. Walukevich-Dienst, K., Calhoun, B.H., **Graupensperger, S.**, Patrick, M.E., & Lee, C.M. (2024). Predictors of morning cannabis use among young adults: Between- and within-person associations from 24 consecutive months of data. *Addictive Behaviors*. doi:10.1016/j.addbeh.2023.107908. **PDF LINK**
64. Guyer, H., Ringeisen, H., Dever, J., Liao, D., Peytchev, A., Carr, C., Geiger, P., Stambaugh, L., Smith, T., Dixon, L., Olfson, M., First, M., Stroup, S., Chwastiak, L., Monroe-Devita, M., Jeff, S., Marvin, S., Kessler, R. C., Gibbons, R., ... **MDPS Consortium**. (2024). Mental and Substance Use Disorders Prevalence Study: Background and methods. *International Journal of Methods in Psychiatric Research*. <https://doi.org/10.1002/mpr.2000> (Contributing author as part of the MDPS Consortium). **PDF LINK**

63. **Graupensperger, S.**, Jaffe, A. E., Blayney, J. A., Duckworth, J. C., & Stappenbeck, C. A., (2023). A brief dynamic norms intervention for young adult alcohol use: Pilot testing acceptability, efficacy, and iatrogenic effects. *Alcohol: Clinical and Experimental Research*, 47, 2331-2342. [PDF LINK](#)
62. \*Piccirillo, M. L., **Graupensperger, S.**, Schultz, N. R., & Larimer, M. E. (2023). Whose approval matters most? Examining discrepancies in self-and other-perceptions of drinking. *Substance Use & Misuse*, 1-11. [PDF LINK](#)
61. Fairlie, A. M., Calhoun, B. H., **Graupensperger, S.**, Patrick, M. E., and Lee, C. M. (2023). Daily-level simultaneous alcohol and marijuana use and associations with alcohol use, marijuana use, and negative consequences in a young adult community sample. *Alcohol: Clinical and Experimental Research*.
60. Walker, D. D., \*Walton, T. O., Jaffe, A. E., **Graupensperger, S.**, Rhew, I. C., & Kaysen, D. (2023). Improving voluntary engagement for PTSD treatment among active-duty service members using motivational enhancement therapy. *Psychological Trauma: Theory, Research, Practice, and Policy*. [PDF LINK](#)
59. **Graupensperger, S.**, Walukevich-Dienst, K. A., Patrick, M. E., & Lee, C. M. (2023). The protective role of perceived control on associations between job loss, financial difficulties, and substance use among young adults early in the COVID-19 pandemic. *Prevention Science*. [PDF LINK](#)
58. McCabe, C. J., Rhew, I. C., Walukevich-Dienst, K. A., **Graupensperger, S.**, & Lee, C.M. (2023). Increased coping motives during the COVID-19 pandemic widen cannabis disparities between sexual minoritized and non-minoritized young adults: A bi-monthly assessment of data preceding and spanning the pandemic. *Psychology of Addictive Behaviors*. [PDF LINK](#)
57. Calhoun, B. H., **Graupensperger, S.**, Fairlie, A. M., Walukevich-Dienst, K., Patrick, M. E., & Lee, C. M. (2023). “Wake-and-bake” cannabis use: Predictors and cannabis-related outcomes of use shortly after waking. *Drug and Alcohol Dependence*. [PDF LINK](#)
56. Litt, D. M., Kannard, E., **Graupensperger, S.**, Walker, T., Resendiz, R., & Lewis, M. A. (2023). Frequency and timing of sent and received alcohol-related text messages: Associations with alcohol use and related consequences among adolescents and young adults. *Substance Use and Misuse*. doi: 10.1080/10826084.2023.2205489. [PDF LINK](#)
55. **Graupensperger, S.**, Calhoun, B. H., Fleming, C. B., Patrick, M. E., & Lee, C. M. (2023). Longitudinal examination of high-risk drinking contexts: Daytime drinking, pregaming, and drinking games linked to high-risk alcohol use and negative consequences in young adults. *Alcohol: Clinical & Experimental Research*. [PDF LINK](#)
54. Schweickle, M. J., **Graupensperger, S.**, Liddelow, C., Sutcliffe, J. T., Swann, C., & Vella, S. A. (2023). Potential moderators and mediators of intervention effects in a sport-based mental health literacy and resilience program for adolescent men. *Journal of Applied Sport Psychology*. doi:

10.1080/10413200.2023.2208632.

53. **Graupensperger, S.**, Calhoun, B. H., Fairlie., A. M., & Lee, C. M., (2023). Exposure to media with alcohol-related content across young adulthood: Associations with risky drinking and consequences among high-risk 2- and 4-year college students. *Drug and Alcohol Review*. [PDF LINK](#)
52. Duckworth, J. C., **Graupensperger, S.**, Schultz, N., Gilson, M. S., Fairlie, A. M., Patrick, M. E., and Lee, C. M. (2023). Alcohol and marijuana use predicting next-day absenteeism and engagement at school and work: A daily study of young adults. *Addictive Behaviors*, 142, 107670. doi:10.1016/j.addbeh.2023.107670.
51. **Graupensperger, S.**, Calhoun, B. H., Fleming, C. B., & Lee, C. M. (2023). Trends in young adult alcohol and cannabis use through the first year and a half of the COVID-19 Pandemic from a community cohort sample. *Journal of Studies on Alcohol and Drugs*. [PDF LINK](#)
50. Larimer, M. E., **Graupensperger, S.**, Lewis, M. A., Cronce, J. M., Kilmer, J. R., Atkins, D. C., Lee, C. M., Garberson, L. A., Walter, T., Ghaidarov, T. M., Hummer, J. F., Neighbors, C., & LaBrie, J. W. (2023). Injunctive and descriptive normative feedback for college drinking prevention: Is the whole greater than the sum of its parts? *Psychology of Addictive Behaviors*. PMID: 36480396. doi: 10.1037/adb0000893. [PDF LINK](#)
49. **Graupensperger, S.**, Kilmer, J. R., \*Olson, D. C., & Linkenbach, J. W. (2023). Associations between positive childhood experiences and adult smoking and alcohol use behaviors in a large statewide sample. *Journal of Community Health*. doi: 10.1007/s10900-022-01155-8. [PDF LINK](#)
48. \*Lehinger E., **Graupensperger, S.**, \*Song, F., Hultgren, B., \*Jackson, D., Larimer, M. (2022). Posttraumatic stress symptoms and substance use among college students: Exploring interactions with sleep quality and assigned sex. *Addictive Behaviors*. doi: 10.1016/j.addbeh.2022.107482. [PDF LINK](#)
47. Calhoun, B. H., Patrick, M. E., Fairlie, A. M., **Graupensperger, S.**, Walukevich-Dienst, K., & Lee, C. M. (2022). Hours high as a proxy for marijuana use quantity in intensive longitudinal designs. *Drug and Alcohol Dependence*, 240, 109628. [PDF LINK](#)
46. **Graupensperger, S.**, Calhoun, B. H., Fleming, C. B., Rhew, I. C., & Lee, C. M. (2022). Mental health and wellbeing trends through the first year-and-a-half of the COVID-19 pandemic: Results from a longitudinal study of young adults in the United States. *Prevention Science*, 23, 853-864. PMCID: PMC9124628. DOI: 10.1007/s11121-022-01382-4 [PDF LINK](#)
45. Fleming, C. B., **Graupensperger, S.**, Calhoun, B. H., & Lee C. M. (2022). Alcohol use motives and cannabis use among young adults: Between- and within-person associations based on monthly data from a community sample. *Substance Use and Misuse*, 57, 1673-1680 . doi: 10.1080/10826084.2022.2107672. [PDF LINK](#)



44. **Graupensperger, S.**, Fairlie, A. E., Ramirez, J. J., Calhoun, B. H., Patrick, M. E., & Lee, C. M. (2022). Daily-level associations between sleep duration and next-day alcohol and cannabis craving and use in young adults. *Addictive Behaviors*, 132, 107367. doi: 10.1016/j.addbeh.2022.107367. [PDF LINK](#)
43. **Graupensperger, S.**, Hultgren, B. A., Fairlie, A. M., Lee, C. M., & Larimer, M. E. (2022). Using alcohol and cannabis as sleep aids: Associations with descriptive norms among college students. *Behavioral Sleep Medicine*. PMCID: PMC9372229. doi: 10.1080/15402002.2022.2040505 [PDF LINK](#)
42. **Graupensperger, S.**, \*Schultz, N. R., Lewis, M. A., Kilmer, J. R., & Larimer, M. E. (2022). Repeated assessment of alcohol use and perceived norms among college students who drink: Comparisons to a minimal assessment at 12-month follow-up. *Journal of Studies on Alcohol and Drugs*. PMCID: PMC9318700. DOI: 10.15288/jsad.2022.83.588. [PDF LINK](#)
41. \*Watts, C. W., Hilliard, R., & **Graupensperger, S.** (2022). Relationships between resilience, mental well-being, and COVID-19 worries in collegiate student-athletes. *Frontiers in Sports and Active Living*. doi: 10.3389/fspor.2022.890006 [PDF LINK](#)
40. **Graupensperger, S.**, Calhoun, B. H., Patrick, M. E., & Lee, C. M., (2022). Longitudinal effects of COVID-19-related stressors on young adults' mental health and well-being. *Applied Psychology: Health and Well-being*. doi: 10.1111/aphw.12344 [PDF LINK](#)
39. Jaffe, A. E., **Graupensperger, S.**, Blayney, J. A., Duckworth, J. C., & Stappenbeck, C. A. (2022). The role of perceived social norms in college student vaccine hesitancy: Implications for COVID-19 prevention strategies. *Vaccine*. doi: 10.1016/j.vaccine.2022.01.038 [PDF LINK](#)
38. Jaffe, A. E., Blayney, J. A., **Graupensperger, S.**, \*Cooper, R., & Larimer, M. E. (2022). Pre-partying and incapacitated rape: Is drinking a risk factor or an outcome? *Alcoholism: Clinical and Experimental Research*. doi: 10.1111/acer.14779 [PDF LINK](#)
37. **Graupensperger, S.**, Lee, C. M., & Larimer, M. E. (2021). Leveraging dynamic norms to reduce alcohol use among college students: A proof-of-concept experimental study. *Alcoholism: Clinical and Experimental Research*. NIHMSID:174136. PMID: 34846760. [PDF LINK](#)
36. \*Schultz, N. R., **Graupensperger, S.**, & Lostutter, T. W. (2021). Effects of within- and between-person assessments of alcohol expectancies and valuations on use and consequences moderated by sex. *Alcoholism: Clinical and Experimental Research*. Ahead of Print. PMID: 34533848. [PDF LINK](#)
35. Patrick, M. E., Ramirez, J. J., Cadigan, J. M., **Graupensperger, S.**, Walukevich-Dienst, K., Rhew, I. C., Rinehart, L., & Lee C. M. (2021). Examining daily associations between mental health symptoms and simultaneous alcohol and marijuana use and consequences among young adults. *Psychology of Addictive Behaviors*. PMID: 34735171 [PDF LINK](#)

34. **Graupensperger, S.,** Cadigan, J., \*Einberger, C., & Lee, C. M. (2021). Multifaceted COVID-19-related stressors and associations with indices of mental health, well-being, and substance use among young adults. *International Journal of Mental Health and Addiction*. PMID: 34377106. [\*\*PDF LINK\*\*](#)
  
33. \*Sutcliffe, J. T., **Graupensperger, S.,** Schweickle, M. J., Rice, S. M., Swann, C., & Vella, S. A. (2021). Mental health interventions in non-elite sport: A systematic review and meta-analysis. *International Review of Sport and Exercise Psychology*. doi: 10.1080/1750984X.2021.2001839. [\*\*PDF LINK\*\*](#)
  
32. **Graupensperger, S.,** Fairlie, A. M., Vitiello, M. V., Kilmer, J. R., Larimer, M. E., Patrick, M. E., & Lee, C. M. (2021). Daily-level effects of alcohol, marijuana, and simultaneous use on young adults' perceived sleep health. *SLEEP*, 10, 187. PMID: 34291803. [\*\*PDF LINK\*\*](#)
  
31. Patrick, M. E., **Graupensperger, S.,** Dworkin, E. R., Duckworth, J. C., Abdallah, D. A., Lee, C. M. (2021). Intoxicated driving and riding with impaired drivers: Comparing days with alcohol, marijuana, and simultaneous use. *Drug and Alcohol Dependence*, 225, 108753. PMID: 34058538. [\*\*PDF LINK\*\*](#)
  
30. **Graupensperger, S.,** Lee, C. M., & Larimer, M. E. (2021). Young adults underestimate how well peers adhere to COVID-19 preventive behavioral guidelines. *Journal of Primary Prevention* 42, 309-318. PMID: 33932222. [\*\*PDF LINK\*\*](#)
  
29. **Graupensperger, S.,** Abdallah, D. A., & Lee, C. M. (2021). Social norms and vaccine uptake: College students' COVID vaccination intentions, attitudes, and estimated peer norms and comparisons with influenza vaccine. *Vaccine* 39, 2060-2067. PMID: 33741191. [\*\*PDF LINK\*\*](#)
  
28. \*Einberger, C., **Graupensperger, S.,** & Lee, C. M. (2021). Young adults' physical distancing behaviors during the initial months of the COVID-19 pandemic: Adherence to guidelines and associations with alcohol use behavior. *Emerging Adulthood*. PMID: 34900404.
  
27. Fairlie, A. M., **Graupensperger, S.,** Duckworth, J. C., Patrick, M. E., & Lee, C. M. (2021). Unplanned versus planned simultaneous alcohol and marijuana use in relation to substance use and consequences: Results from a longitudinal daily study. *Psychology of Addictive Behaviors*. PMID: 34591512 [\*\*PDF LINK\*\*](#)
  
26. **Graupensperger, S.,** \*Sutcliffe, J., & Vella, S. (2021). Prospective associations between sport participation and indices of mental health across adolescence. *Journal of Youth and Adolescence*, 50, 1450-1463. PMID: 33689103. [\*\*PDF LINK\*\*](#)
  
25. **Graupensperger, S.,** Fleming, C. N. B., Jaffe, A. E., Rhew, I. C., Patrick, M. E., & Lee, C. M. (2021). Changes in young adults' alcohol and marijuana use, norms, and motives from before to during the COVID-19 pandemic. *Journal of Adolescent Health*, 68, 658-665. PMID: 33781471. [\*\*PDF LINK\*\*](#)
  
24. Stevens, M., Cruwys, T., Rathbone, J. A., Ferris, L., & **Graupensperger, S.** (2021). Predicting substance use at a youth mass gathering event: The role of norms and the importance of their source. *Journal of*

*Studies on Alcohol and Drugs*, 82, 320-329. PMID: 34100700. [PDF LINK](#)

23. **Graupensperger, S.**, Jaffe, A. E., Fleming, C. N. B., Kilmer, J. R., Lee, C. M., & Larimer, M. E., (2021). Changes in college student alcohol use during the COVID-19 pandemic: Are perceived drinking norms still relevant? *Emerging Adulthood*. PMID: 34900403. [PDF LINK](#)
22. Jaffe, A. E., Blayney, J. A., **Graupensperger, S.**, Stappenbeck, C. A., Bedard-Gilligan, M., & Larimer, M. (2021). Personalized normative feedback for hazardous drinking among college women: Differential outcomes by history of incapacitated rape. *Psychology of Addictive Behaviors*. PMID: 34435831.
21. **Graupensperger, S.**, Benson, A. J., Kilmer, J., & Evans, M. B. (2020). Social (un)distancing: Teammate interactions, athletic identity, and mental health of student-athletes during the COVID-19 pandemic. *Journal of Adolescent Health*, 67, 662-670 PMID: 32943294. [PDF LINK](#)
20. **Graupensperger, S.**, Jaffe, A. E., Hultgren, B. A., Rhew, I. C., Lee, C. M., & Larimer, M. E. (2020). The dynamic nature of injunctive norms and within-person associations with college student drinking. *Psychology of Addictive Behaviors*. PMID: 34881916. [PDF LINK](#)
19. **Graupensperger, S.**, Turrise, R., Jones, D., & Evans, M. B. (2020). Dynamic characteristics of groups and individuals that amplify adherence to perceived drinking norms in college club sport teams: A longitudinal multilevel investigation. *Psychology of Addictive Behaviors*, 35, 351-365. PMID: 32584052. [PDF LINK](#)
18. **Graupensperger, S.**, \*Panza, M., \*Budziszewski, R., & Evans, M. B. (2020). Growing into 'us': Trajectories of social identification with college sport teams predicts subjective well-being. *Applied Psychology: Health and Well-Being*, 12, 787-807. PMID: 32618406. [PDF LINK](#)
17. **Graupensperger, S.**, Turrise, R., Jones, D., & Evans, M. B. (2020). Longitudinal associations between perceptions of peer group drinking norms and students' alcohol use frequency within college sport teams. *Alcoholism: Clinical & Experimental Research*, 44, 541-552. PMID: 31943243. [PDF LINK](#)
16. \*Panza, M., **Graupensperger, S.**, Vella, S. A., Agans, J., Doré, I., & Evans, M. B. (2020). Adolescent sport participation and symptoms of anxiety and depression: A systematic review and meta-analysis. *Journal of Sport & Exercise Psychology*, 42, 201-218. PMID: 32438339. [PDF LINK](#)
15. **Graupensperger, S.**, \*Corey, J., Turrise, R. J., & Evans, M. B. (2019). Individuals with spinal cord injury have greater odds of substance use disorders than non-SCI comparisons. *Drug & Alcohol Dependence*, 205. PMID: 31606588. [PDF LINK](#)
14. **Graupensperger, S.**, Benson, A. J., Bray, B. C., & Evans, M. B. (2019). Social cohesion and peer acceptance predict student-athletes' attitudes toward health-risk behaviors: A within- and between-group investigation. *Journal of Science & Medicine in Sport*, 22, 1280-1286. PMID: 31349958. [PDF LINK](#)
13. **Graupensperger, S.**, \*Panza, M. J., & Evans, M. B. (2019). Network centrality, group density, and strength of social identification in college club sport teams. *Group Dynamics: Theory, Research, & Practice*. PMID:

32863704. [PDF LINK](#)

12. Evans, M. B., **Graupensperger, S.**, Benson, A. J., Eys, M. A., Hastings, B., & Gottschall, J. S. (2019). Groupness perceptions and basic needs satisfaction within fitness groups. *Group Dynamics: Theory, Research, & Practice*, 23, 170-184. doi: 10.1037/gdn0000103. [PDF LINK](#)
11. \*Budziszewski, R., **Graupensperger, S.**, & Vierimaa, M. (2020). Exploring predictors of moral disengagement in collegiate athletic trainers. *Journal of Athletic Training*, 55. PMID: 31714851. [PDF LINK](#)
10. Wilson, O. W. A., **Graupensperger, S.**, Bopp, M., & Evans, M. B. (2019). The temporal association between physical activity and fruit and vegetable consumption: A longitudinal within- and between-person investigation. *Journal of Physical Activity & Health*, 16, 274-280. PMID: 30849929. [PDF LINK](#)
9. **Graupensperger, S.**, Wilson, O. W. A., Bopp, M., & Evans, M. B. (2019). Longitudinal association between alcohol use and physical activity in US college students: Evidence for directionality. *Journal of American College Health*. 1-8. PMID: 30570438. [PDF LINK](#)
8. **Graupensperger, S.**, Gottschall, J., Benson, A. J., Eys, M.A., Hastings, B., & Evans, M. B. (2019). Perceptions of groupness during fitness classes predict exertion, enjoyment, and satisfaction: An intensive longitudinal investigation. *Sport, Exercise, & Performance Psychology*, 34, 715-732. PMID: 31548915. [PDF LINK](#)
7. Evans, M. B., **Graupensperger, S.**, Benson, A. J., Eys, M. A., Hastings, B., & Gottschall, J. S. (2019). Group structure and entitativity in exercise: Considering within- and between-group perceptions of groupness. *Psychology & Health*, 34, 715-732. PMID: 30693798. [PDF LINK](#)
6. Evans, M. B., Vierimaa, M., \*Budziszewski, R., & **Graupensperger, S.** (2019). Coach expectations and athlete lay beliefs: Interactions when predicting adolescent athletes' enjoyment and intentions to return. *Journal of Applied Sport Psychology*. doi: 10.1080/10413200.2019.1570392. [PDF LINK](#)
5. Tisak, M., Tisak, J., Baker, E., & **Graupensperger, S.** (2019). Relations among victimization, witnessing, and perpetration of aggression: Impact of gender among youth offenders. *Journal of Interpersonal Violence*, 34, 2158-2180. PMID: 27462063. [PDF LINK](#)
4. **Graupensperger, S.**, Benson, A. J., & Evans, M. B. (2018). Everyone else is doing it: The association between social identity and susceptibility to peer influence in NCAA athletes. *Journal of Sport & Exercise Psychology*, 20, 1-11. PMID: 30001165 [PDF LINK](#)
3. **Graupensperger, S.**, Sweet, S., & Evans, M. B. (2018). Multimorbidity of overweight and obesity alongside anxiety and depressive disorders in individuals with spinal cord injury. *Journal of Spinal Cord Medicine*. 1-9. PMID: 30183556. [PDF LINK](#)

2. **Graupensperger, S., Jensen, C. J., & Evans, M. B. (2018).** A meta-analytic review of studies using the Prosocial and Antisocial Behavior in Sport Scale: Associations among intergroup moral behaviors. *Sport, Exercise, & Performance Psychology*, 7, 186-204. doi: 10.1037/spy0000121 [PDF LINK](#)
1. **Graupensperger, S., & Tisak, M. S. (2018).** Moral behavior in the locker room predicts perceptions of task cohesion in youth ice hockey players. *Journal of Human Kinetics*, 65, 273-280. PMID: 30687438. [PDF LINK](#)

## INVITED BOOK CHAPTERS

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Kilmer, J.R., Gilson, M.S., & **Graupensperger, S. (2023).** Substance misuse and athletic performance. Chapter included in B.J. Krabak & A. Brooks (Eds.) *The Youth Athlete: A Practitioner's Guide to Providing Comprehensive Sports Medicine Care* (pp. 605-613), Academic Press: London, UK.

Evans, M. B., **Graupensperger, S.**, & Arbour-Nicitoupolis, K. (2020). Peers and groups in disability sport. In M. Bruner, M. Eys, & L. Martin (eds.) *Group dynamics in youth sport*.

Krane, V., Williams, J. M., & **Graupensperger, S. (2020)** Psychological characteristics of peak performance. In V. Krane & J. M. Williams (eds.) *Applied sport psychology: Personal growth to peak performance*.

Evans, M. B., **Graupensperger, S.**, Wolf, S. A. (2020) Group cohesion and team building. In D. Hackfort & R. Schinke (eds.) *The Routledge International Encyclopedia of Sport and Exercise Psychology*.

## DICTIONARY CONTRIBUTIONS

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Entries within *Dictionary of Sport Psychology: Sport, Exercise, and Performing Arts*. (2019). D. Hackfort, R. Schinke, & B. Strauss. Amsterdam, NL: Elsevier.

- Group Environment Questionnaire
- Team Communication
- Team Unity

## PRESENTATIONS (\*Indicates student/trainee)

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### Refereed Conference Presentations

\*Garcia, M., **Graupensperger, S.**, & Larimer, M. E. (2023, November). *Associations of Collective Self-esteem, Identity, and Drinking Motives with Alcohol Outcomes among College Students*. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT), Seattle, WA.

**Graupensperger, S.**, Calhoun, B. H., Fairlie, A. M., Walukevich-Dienst, K., Patrick, M. E., & Lee, C. M. (2023, June). *Simultaneous Use of Alcohol and Marijuana and Attenuated Age-Related Declines in Alcohol and Cannabis Use Disorder Symptoms Across Young Adulthood*. Poster presented at the 46<sup>th</sup> Annual Meeting of the Research Society on Alcohol. Bellevue, WA.

Lee, C. M., **Graupensperger, S.**, Rhew, I. C., Patrick, M. E., & Larimer, M. E. (2023, June). *A Deeper Dive into Associations Between Depressive Symptoms and Alcohol and Cannabis Use and Coping Motives in Young Adults*. Poster presented at the 46<sup>th</sup> Annual Meeting of the Research Society on Alcohol. Bellevue, WA.

**Graupensperger, S.**, Jaffe, A. E., Blayney, J. A., \*Patterson, M., Duckworth, J. C., & Stappenbeck, C. A. (2023, June). *Dynamic Norms Feedback: Early Evidence of Efficacy and Acceptability for a Brief Alcohol Intervention*. Poster presented at the 46<sup>th</sup> Annual Meeting of the Research Society on Alcohol. Bellevue, WA.

Litt, D. M., Zhou, Z., Fairlie, A. M., **Graupensperger, S.**, Cross, A., Lee, C. M., & Lewis, M. A. (2023, June). *A Daily-Level Examination of Willingness to Engage in Alcohol-Related Risk Behaviors and Associations with Specific Outcomes among Adolescents and Young Adults*. Poster presented at the 46<sup>th</sup> Annual Meeting of the Research Society on Alcohol. Bellevue, WA.

Cross, A. N., Zhou, Z., Fairlie, A. M., Litt, D. M., **Graupensperger, S.**, & Lewis, M. A. (2023, June). *Daily-Level Examination of Familiarity with Location/People in Association with Protective Behavioral Strategy Use Among Adolescents and Young Adults*. Poster presented at the 46<sup>th</sup> Annual Meeting of the Research Society on Alcohol. Bellevue, WA.

Calhoun, B. H., **Graupensperger, S.**, Fleming, C. B. & Lee, C. M. (2023, June). *Maturing Out of Heavy Drinking: The Shape and Predictors of Trajectories Across Young Adulthood*. Poster presented at the 46<sup>th</sup> Annual Meeting of the Research Society on Alcohol. Bellevue, WA.

Calhoun, B. H., Fairlie, A. M., **Graupensperger, S.**, & Lee, C. M. (2023, June). *Daytime Drinking Among College Students: Daily-Level Associations with Level of Drinking and Alcohol-Related Consequences*. Poster presented at the 46<sup>th</sup> Annual Meeting of the Research Society on Alcohol. Bellevue, WA.

**Graupensperger, S.**, Calhoun, B. H., Fairlie, A. M., & Lee, C. M. (2023, June). *Alcohol-Related Media Exposure across Young Adulthood: Associations with Risky Drinking and Consequences Among High-Risk Two- and Four-Year College Students*. Symposium presented at the 31<sup>st</sup> Annual Society for Prevention Research conference. Washington, D.C.

**Graupensperger, S.**, & Lee, C. M. (2023, June). *Social Support and Optimism as Protective Factors for Young Adult Substance Use during the COVID-19 Pandemic: A Year-Long Longitudinal Repeated Measures Design*. Poster presented at the 31<sup>st</sup> Annual Society for Prevention Research conference. Washington, D.C.

Kaysen, D., Walton, T.O., Jaffe, A., **Graupensperger, S.**, Rhew, I., & Walker, D. (2022, November). Improving voluntary engagement for PTSD treatment among active-duty service members using motivational enhancement therapy. In D. Kaysen & K. van Stolk-Cooke (Chairs), Novel approaches to increase access to and engagement in PTSD treatment [Organized paper symposia]. Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY, United States.

**Graupensperger, S.**, Fairlie, A. M., Ramirez, J. J., Calhoun, B. C., Patrick, M. E., Lee, C. M. (2022, June). *Daily-level associations between sleep duration and next-day alcohol and cannabis use and craving in young adults*. Poster presented at the 45<sup>th</sup> Annual Meeting of the Research Society on Alcoholism. Orlando, FL.

**Graupensperger, S.**, Schultz, N. R., Lewis, M. A., Kilmer, J. R., & Larimer, M. E. (2022, June). *Does repeated assessment elicit changes in alcohol use and perceived norms among college student drinkers? Comparing minimal assessment to repeated assessment*. Poster presented at the 45<sup>th</sup> Annual Meeting of the Research Society on Alcoholism. Orlando, FL.

Lee, C. M., Calhoun, B. H., **Graupensperger, S.**, Fleming, C. B., (2022, May). *Young adults during the pandemic: associations of perceived financial-, job-, illness-, and social-related stressors related to the pandemic with alcohol and cannabis use*. Presented at the 30<sup>th</sup> Annual Meeting of the Society for Prevention Research, Seattle, WA.

Fairlie, A. M., Calhoun, B. H., **Graupensperger, S.**, Patrick, M. E., & Lee, C. M., (2022, May). *Limited person-level moderation effects of daily links between simultaneous alcohol and marijuana use with alcohol- and marijuana-related negative consequences in a community sample of young adults*. Poster presented at the 30<sup>th</sup> Annual Meeting of the Society for Prevention Research, Seattle, WA.

**Graupensperger, S.**, Lee, C. M., & Larimer, M. E. (2021, May). *Trending Norms Messaging to Reduce Alcohol Use Intentions and Behaviors: Proof of Concept for a Brief Intervention*. Poster presented at 44<sup>th</sup> Annual Meeting of the Research Society on Alcoholism, San Antonio, TX. (Presented online).

Einberger, C., **Graupensperger, S.**, & Lee, C. M. (2021, May). *Young adults' physical distancing behaviors during the initial months of the COVID-19 pandemic: Adherence to guidelines and associations with alcohol use behavior*. Poster presented at 44<sup>th</sup> Annual Meeting of the Research Society on Alcoholism, San Antonio, TX. (Presented online).

Fairlie, A. M., **Graupensperger, S.**, Duckworth, J. C., Patrick, M. E., & Lee, C. M. (2021, June). *Testing unplanned versus planned simultaneous alcohol and marijuana use in relation to substance use and consequences among young adults*. Virtual poster presented at the annual meeting of the Research Society on Alcoholism, Virtual online meeting.

\*Cooper, R.L., Blayney, J.A., **Graupensperger, S.**, Jaffe, A.E., Bedard-Gilligan, M., Read, J.P., (2021, April) *Sexual Victimization and Socio-Environmental Context as Predictors of First Year College Women's Sexual Behavior and Consequences*. Poster presented at the 68th Annual Nebraska Symposium on Motivation: Alcohol and Sexual Violence, Lincoln, NE.

**Graupensperger, S.**, & Evans, M. B. (2020, July). *Dynamic characteristics of groups and individuals that amplify adherence to perceived drinking norms in college club sport teams: A longitudinal multilevel investigation*. Presented at the Interdisciplinary Network for Group Research, Seattle, WA.

**Graupensperger, S.**, Linden-Carmichael, A., Turrisi, R., & Mallett, K. (2020, June). *Time-varying patterns of alcohol and illicit substance use across four years of college: Differences in trajectories by Greek affiliation and sport participation*. Poster presented at 43rd Annual Meeting of the Research Society on Alcoholism, New Orleans, LA. (Conference canceled –presented online)

**Graupensperger, S.**, \*Panza, M., & Evans, M. B. (2020, June) *Conformity or projection? Prospective associations between team drinking norms and students' alcohol use frequency within club sport teams*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Vancouver, B.C., Canada. (Conference canceled)

**Graupensperger, S.**, \*Panza, M., & Evans, M. B. (2020, June) *How much alcohol does my team drink?: Consensus emergence modeling of perceived and actual drinking norms in college club sport teams*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Vancouver, B.C., Canada. (Conference canceled)

**Graupensperger, S.,** \*Budziszewski, R., \*Panza, M., & Evans, M. B. (2020, March). *Growth Trajectories of Social Identification Strength Positively Predicts Wellbeing in College Club Sport Groups*. Symposium to be presented at the Society for Research on Adolescence. San Diego, CA. (Conference canceled)

\*Panza, M., **Graupensperger, S.,** Vella, S. A., Agans, J. P., Doré, I., & Evans, M. B. (2019, October). *Associations between Adolescent Organized Sport Participation and Self-Reported Symptoms of Anxiety and Depression: A Systematic Review and Meta-Analysis*. Poster presented at the Canadian Society for Psychomotor Learning and Sport Psychology. Vancouver, B.C., Canada.

**Graupensperger, S.,** Turrissi, R., Jones, D., Barnett, N., \*Christman, O., & Evans, M. B. (2019, June) *Heavy Episodic Drinking Predicts Peer Group Centrality: Social Network Analysis within College Club Sport Teams*. Poster presented at the 42nd Annual Meeting of the Research Society on Alcoholism, Minneapolis, MN. (\*\*Recognized with the Enoch Gordis Research Award).

**Graupensperger, S.,** \*Panza, M., & Evans, M. B. (2019, June) *A Social Network Approach to Examining Friendship and Interactions as Predictors of Social Identity in College Club-Level Athletes*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD. (\*\*Recognized with the NASPSPA Outstanding Student Paper Award).

**Graupensperger, S.,** Jones, D., Turrissi, R., & Evans, M. B. (2019, June) *Identifying predictors of adherence to team drinking norms in college club-level athletes using multilevel moderation analyses*. Symposium (Capturing and Modeling the "I" in the Team: Individual and Group-Level Elements of Group Dynamics in Sport) at the North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.

Evans, M. B., **Graupensperger, S.,** Benson, A. J., Eys, M. A., Hastings, B., & Gottschall, J. S. (2019, June) *Groupness Perceptions and Basic Needs Satisfaction within Fitness Groups*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.

**Graupensperger, S.,** \*Corey, J., Turrissi, R., & Evans, M. B. (2019, May) *Identifying Substance Use Disorders among Individuals with Chronic Health Conditions: Using Big Data Sources via Electronic Health Record*. Poster presented at the 27th Annual Meeting of the Society for Prevention Research, San Francisco, CA. (\*\*Recognized as the Early Career Preventionists Network Top Student Poster).

**Graupensperger, S.,** Cermak, J. A., Streeper, N., & Conroy, D. (2019, March) *Examining the association between Tobacco Use and Kidney Stone Occurrence using Electronic Health Records*. Poster presented at the 40th annual Society of Behavioral Medicine, Washington, D.C.

**Graupensperger, S.,** \*Panza, M., Jones, D. E., Turrissi, R. J., & Evans, M. B. (2019, February). *Susceptibility to alcohol-related peer influence in college club sports: Moderating effects of sex, social identity, centrality, and team size on adherence to team drinking norms*. Presented at the Midwest Sport and Exercise Psychology Symposium. Lexington, KY.

\*Panza, M., **Graupensperger, S.,** Agans, J., Vella, S., & Evans, M. B. (2019, February). *Organized Sport Involvement and its Associations with Adolescent Anxiety and Depression: Preliminary Findings from a Systematic Review and Meta-Analysis*. Presented at the Midwest Sport and Exercise Psychology Symposium. Lexington, KY.

**Graupensperger, S.,** Benson, A. J., Eys, M. A., Gottschall, J., Hastings, B., & Evans, M. B. (2018, July) *Perceptions of Groupness during Fitness Classes Predict Exertion, Enjoyment, and Satisfaction: A*



*Between- and Within-person Examination*. Presented at the Interdisciplinary Network for Group Research, Bethesda, MD.

\*Budziszewski, R., Vierimaa, M., **Graupensperger, S.**, & Myers, M. (2018, June). *Moral Disengagement During Injury Evaluations Among National Collegiate Athletic Association Athletic Trainers*. Presented at North American Society for the Psychology of Sport and Physical Activity, Denver, Colorado.

**Graupensperger, S.**, Wilson, O. W., Papalia, Z., Duffey, M., Bopp, M., & Evans, M. B. (2018, May). *A Longitudinal Investigation of the Association between Alcohol Use and Physical Activity in College Students*. Present at the Society for Prevention Research, Washington D.C. (\*\*Recognized as the Early Career Preventionists Network Top Student Poster).

**Graupensperger, S.**, & Evans, M. B. (2018, April). *Day-to-day association between alcohol use and physical activity in university students*. Presented at Association for Clinical and Translational Science, Washington D.C. (\*\*Awarded the Predoctoral TL1 Poster Presentation Award).

**Graupensperger, S.**, Benson, A. J., Evans, M. B., (2018, April). *Group-level predictors of NCAA athletes' attitudes toward risky behavior*. Present at the Society for Behavioral Medicine, New Orleans, LA.

**Graupensperger, S.**, & Evans, M. B. (2017, October). *Associations between obesity and psychological morbidity of depression and anxiety in patients with spinal cord injury*. Presented at the American Congress of Rehabilitation Medicine, Atlanta, GA.

**Graupensperger, S.**, Benson, A., \*Budziszewski, R., & Evans, M. B. (2017, October). *Everyone else is doing it: The association between social identity and conforming to peer-influence in NCAA athletes*. Presented at the Canadian Society for Psychomotor Learning and Sport Psychology, St. John's, NL, Canada.

**Graupensperger, S.**, Cermak, J., & Turner, A. (2017, June). *Intrinsic motivation predicts positive youth development in young athletes*. Presented at the 50<sup>th</sup> annual meeting for the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.

**Graupensperger, S.** (2017, February). *Social behavior in the locker room predicts perceptions of group cohesion in youth ice hockey players*. Presented at AASP Midwest Regional Conference and Midwest Sport and Exercise Psychology Symposium. Detroit, MI.

**Graupensperger, S.**, & Turner, A. (2016, July). *Psychosocial development through a 'teaching games for understanding' approach to coaching*. Presented at the 6<sup>th</sup> International TGfU Conference, Cologne, Germany.

**Graupensperger, S.**, & Jensen, C., (2016, June). *A meta-analytic review of prosocial and antisocial behavior in sport*. Presented at the North American Society for the Psychology of Sport and Physical Activity, Montreal, QC, CAN.

**Graupensperger, S.,** Tisak, M. S., Tisak, J., & Baker, E. R., (2016, March) *What happens in the locker room: A study of prosocial and aggressive behavior in youth hockey players.* Presented at the Society for Research on Adolescents, Baltimore, MD.

**Graupensperger, S.** (2016, February) *Positive youth development coaching strategies to combat sport ethic driven injurious behavior.* Presented at AASP Midwest Regional Conference and Midwest Sport and Exercise Psychology Symposium. Chicago, IL.

Baker, E. R., Tisak, M. S., **Graupensperger, S.,** & Jensen, C. (2015, April). *An examination of aggressive expression and inhibitory control skills in a normative preschool sample.* Society for Research on Child Development, Philadelphia, PA.

**Graupensperger, S.** & Krane, V. (2015, February). *Breaking the mold: Establishing healthy and productive team norms.* Presented at AASP Regional Conference and Midwest Sport and Exercise Psychology Symposium. Muncie, IN.

**Graupensperger, S.** & Alban, M. (2014, April) *Off the field aggression in collegiate athletes.* Presentation at NAU Research Symposium: 7<sup>th</sup> Annual, Flagstaff, AZ.

### **Invited Presentations**

**Graupensperger, S.** (2023, December). *A pilot study of the acceptability, efficacy, and iatrogenic effects of a brief dynamic norms intervention for reducing young adult alcohol use.* KCBS Radio Midday News.

**Graupensperger, S.** & Kilmer, J. (2023, January). *Impact of COVID-19 on Youth Academic Experiences in Washington as the Pandemic Continued/Continues: Learning and Mental Health Implications.* Grand Rounds presentation for the Seattle Children's Hospital Child and Adolescent Psychiatry Grand Rounds Series, Seattle, WA.

**Graupensperger, S.** (2022, February). *Behavioral health priorities for college students and young adults throughout the COVID-19 pandemic.* Grand Rounds presentation made within "Impact of COVID-19 on Youth Academic Experiences in Washington: Learning and Mental Health Implications" (Graupensperger & Kilmer, presenters) for the Seattle Children's Hospital Child and Adolescent Psychiatry Grand Rounds Series, Seattle, WA.

Kilmer, J., & **Graupensperger, S.** (2021, August). *COVID-19 Student Survey: Findings, takeaways, and next steps.* Invited presentation made virtually for the Office of the Superintendent of Public Instruction (OSPI), Olympia, WA.

Kilmer, J., Gilson, M., **Graupensperger, S.,** Lee, C., Chapple, E., & Larimer, M. (2021, September). *Results from the COVID-19 Student Survey.* Invited presentation made virtually for the State Prevention Enhancement (SPE) Policy Consortium, Olympia, WA.

Kilmer, J., **Graupensperger, S.**, Gilson, M., Lee, C., Chapple, E. & Larimer (2021, September). *COVID-19 Student Survey: Results from March 2021 and what these mean for the fall*. Invited presentation made virtually for the Youth Marijuana Prevention and Education Program (YMPEP), Seattle, WA.

Kilmer, J., **Graupensperger, S.**, Gilson, M., Lee, C., Chapple, E., & Larimer, M. (2021, September). *Results from the COVID-19 Student Survey*. Invited presentation made virtually for the Washington Healthy Youth (WHY) Coalition, Olympia, WA.

Kilmer, J., Watson, T., Gilson, M., & **Graupensperger, S.** (2021, September). *COVID-19 Student Survey findings*. Invited presentation made virtually for the Prevention Research Subcommittee (PRSC) quarterly meeting, Seattle, WA.

Kilmer, J., Gilson, M., **Graupensperger, S.**, Lee, C., Chapple, E., & Larimer, M. (2021, September). *COVID-19 Student Survey findings: Student input from March 2021*. Invited presentation made virtually for the Concrete Resource Coalition (CRC), Sedro-Woolley, WA.

Kilmer, J., **Graupensperger, S.**, Gilson, M., Lee, C., Chapple, E., & Larimer, M. (2021, September). *Results and takeaways from the COVID-19 Student Survey*. Invited presentation made virtually for the State Epidemiological Outcomes Workgroup (SEOW), Olympia, WA.

Kilmer, J., Gilson, M., **Graupensperger, S.**, Lee, C., Chapple, E., & Larimer, M. (2021, September). *COVID-19 Student Survey results: What did sixth through twelfth graders tell us?* Invited presentation made virtually for "Share Your Voice: COVID-19 Student Survey Youth Discussion" for middle school and high school students, Olympia, WA.

Kilmer, J.R. & **Graupensperger, S.** (2021, June). *Moving from "Well, not with that attitude!" to "Yes! With THAT attitude!" Assessing and using injunctive norms in prevention*. Dual keynote presentation co-presented virtually for the 2021 Montana Virtual Summer Institute, "Transform Community Norms & Narratives with the Science of the Positive," Keynote Kickoff Day Three, Bozeman, MT.

Kilmer, J.R. & **Graupensperger, S.** (2021, June). *High-risk alcohol use by college students during and beyond the pandemic: Prevention options and opportunities*. Invited webinar provided for Prevention Action Alliance, Columbus, OH.

**Graupensperger, S.** (2021, May). *Prevention Priorities for Young Adults During (and After) COVID-19: Relationships Between Substance Use, Mental Health, CDC Guideline Adherence, and Social Norms*. College Coalition for Substance Abuse Prevention Annual Conference and Professional Development Meeting.

**Graupensperger, S.** (2021, May). *Social Network Analysis (SNA) and its Utility for Prevention Science*. Data Analysis and Methodology (DAM) monthly brown bag seminar. Psychiatry and Behavioral Sciences, University of Washington.

**Graupensperger, S.** (2021, March). *Navigating Emerging Adulthood during a Global Pandemic: Insights regarding Young Adults' Substance Use, Mental Health, and Adherence to CDC COVID-19 Guidelines*. Washington State Prevention Research Subcommittee Meeting.

**Graupensperger, S.** (2020, September). *Secondary health concerns during the COVID-19 pandemic: Young adult mental health and substance use*. Research Seminar at University of Mississippi, Department of Public Health (virtually).

**Graupensperger, S.** (2020, September). *Athletic identity, mental health, and alcohol use during the COVID-19 pandemic*. 360 Degree Learning Collaborative Webinar.

**Graupensperger, S.** (2020, September). *Staying ahead of the curve: A trending norms approach to reduce alcohol use intentions and behaviors in student-athletes*. Student Grant Award: Presented at the NCAA Headquarters, Indianapolis, IN (virtually).

**Graupensperger, S., Lobraico, E., & Hochgraf, A.** (2019, November). *Writing an F31 and other federally funded fellowships*. Presented to the Predoctoral Fellows in the Prevention and Methodology Training Program.

Pawelczyk, J. A., & **Graupensperger, S.** (2019, July). Workshop: *Mining electronic medical records to identify early-stage evidence of comorbid health conditions*. Presented to the Predoctoral Fellows in the Translational Science Fellowship at Penn State University. University Park, PA.

**Graupensperger, S.** (2019, May). *Social influences on health-risk behaviors*. Presented to the Program Officers at the National Institute on Drug Abuse on behalf of the Prevention and Methodology Training program (T32 DA017629). Bethesda, MD.

Evans, M. B., & **Graupensperger, S.** (2019, April). *Social network analysis as a tool for studying peer influences and risky behavior*. PSU Prevention and Methodology Proseminar. University Park, PA.

Pawelczyk, J. A., & **Graupensperger, S.** (2018, June). Workshop: *Using medical informatics to refine translational research hypotheses*. Presented to the Predoctoral Fellows in the Translational Science Fellowship at Penn State University. University Park, PA.

**Graupensperger, S.** (2017, September). *Everyone else is doing it: The association between social identity and conforming to peer-influence in NCAA athletes*. Student Grant Award: Presented at the NCAA Headquarters, Indianapolis, IN.

Evans, M. B., & **Graupensperger, S.** (2017, February) *We are: Group processes that underlie optimal and harmful sport experiences*. Colloquium speaker at the Center for the Study of Sport in Society. University Park, PA.

Krane V., & **Graupensperger, S.** (2015, March). *Be a star baseball coach*. Presentation to the Bowling Green volunteer baseball coach clinic (t-ball, rookie, pee wee), Bowling Green, Ohio.

**Graupensperger, S.** (2015, February) *Sport psychology: Perspective of a current graduate student*. Presented to undergraduate students at Northern Arizona University. Flagstaff, AZ.

## TEACHING EXPERIENCE

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### University of Washington

- 2022 – Present      Faculty Coordinator for Center for the Study of Health and Risk Behaviors (CSHRB) 499 Seminar Series, Department of Psychiatry & Behavioral Sciences.
- Responsible for oversight of seminar organization and curriculum development for weekly educational seminar intended to supplement training of undergraduate student research volunteers
- 2020                    Instructor: PBSCI 499 – Undergraduate Research in Psychiatry and Behavioral Science
- Led a seminar series on advanced research methods topics. Supervised undergraduate research assistants. Led professional development activities designed to prepare students for graduate school and/or research careers.

### Pennsylvania State University

- Teaching Assistant: Kines 321 – Psychology of Movement Behavior

#### Guest Lectures:

- Kines 497 – Small Group Processes
- Kines 497 – Disability Sports
- Kines 321 – Psychology of Movement Behavior

### Bowling Green State University

#### Instructor

- Lab Instructor: Psyc 2700 - Quantitative Methods

#### Teaching Assistant <sup>1\*</sup>

- Psyc 1010 - Introduction to Psychology
- Psyc 4060 - Developmental Psychopathology
- Psyc 3100 - Lifespan Development<sup>2\*</sup>
- Psyc 3030 - Child Development
- Psyc 2700 - Quantitative Methods

1. Department policy required Teaching Assistants to guest lecture at least twice per semester.

2. Due to a prolonged illness of the instructor of record, I was tasked with preparing and leading nearly all lectures for a 3-week period.

### External Guest Lectures

- Graduate statistics course at University of Nebraska Lincoln, Dept. of Psychology (April, 2021)
  - *An overview of time-varying effect modeling (TVEM)*
- Graduate student research seminar at University of Mississippi, Dept. of Public Health (September, 2020).
  - *Secondary health concerns during the COVID-19 pandemic: Young adult mental health and substance use.*

## MENTORSHIP

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### Postdoctoral Trainees

- Jessica Acolin – T32 Mentee (UW): Psychology Training in Alcohol Research (T32AA007455)
- Thomas Walton – T32 Mentee (UW): Psychology Training in Alcohol Research (T32AA007455)
- Dani Kang – T32 Mentee (UW): Psychology Training in Alcohol Research (T32AA007455)
- Margaret Wang – T32 Mentee (UW): Integrated Mental Health Fellowship (T32MH020021)
- Elizabeth Lehinger – F32 Mentee (UW) - *Statistics co-mentor*.

### Predoctoral Trainees

- Frank Song – Clinical Psychology PhD (UW)
- Melissa Garcia (F31) – Clinical Psychology PhD (UW)
- Kirstyn LeCavalier-Smith (F31) – Clinical Psychology PhD (UW)

### Masters of Public Health Mentees

- Rachel Rinehart – MPH Thesis Committee (UW)

### Medical Student Mentees

- Clare Einberger – NIDA Medical Student Addiction Research (MedSTAR; R25DA050985)

### Undergraduate Student Mentees

- Arvin Shaygan (UW) – Winner of Evergreen Council on Problem Gambling Mentored Scholarship
- Joseph Lambuth (UW) – Winner of Evergreen Council on Problem Gambling Mentored Scholarship
- Modesta Hurtado (UW)
- Amaris Ilar (UW)
- Jake Jensen (UW)

## ADDITIONAL EXPERIENCE

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### U.S. Center for Mental Health and Sport

2021- Research Fellow ( <https://mentalhealthandsport.org/who-we-are/> )

### University of Washington

2020 Brief Alcohol Screening and Intervention for College Students (BASICS) workshop  
 2020 Audited a seminar on Addiction (Conj. 556).

### Pennsylvania State University

Summer 2017 NIH: Center for Advancing Translational Science – Translational Science Fellowship  
 2017 – 2019 Graduate Research Assistant, Dr. Blair Evans: TEAM Lab.  
 2017 – 2019 Graduate Research Assistant, Dr. Rob Turrisi: PRO Health Lab.

### Bowling Green State University

2014 – 2016 Graduate Research Assistant, Dr. Marie Tisak

2014 – 2016 Graduate Research Assistant, Dr. John Tisak

### **Northern Arizona University**

2013 – 2014 Undergraduate Research Assistant; Dr. Michael Alban

### **Applied Experience**

2014 – 2016 Mental Skills Consultant, BGSU Athletics Department (400+ hrs supervised consulting)  
 2015 – 2016 Head Coach, BGSU Men's Club Hockey Team (ACHA)  
 2014 – 2015 Volunteer Assistant Coach, BGSU Men's Hockey Team (NCAA)  
 2013 – 2016 Assistant Goaltending Director, Pro Ambitions Hockey Camp  
 2011 – 2014 Goaltending Director; Flagstaff Youth Hockey Association

### **SERVICE**

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2020- Member of the Diversity, Equity, and Inclusion Service Committee – UW Psychiatry.  
 2015 Organizing Committee Member, Social Justice in Sport Symposium  
 2015 Student Volunteer, Association for Applied Sport Psychology (AASP).  
 2015 – 2016 Graduate Student Representative to the Graduate Faculty Committee, School of Human Movement, Sport, and Leisure Studies (BGSU)  
 2015 – 2016 Graduate Student Advisory Board, School of Human Movement, Sport, and Leisure Studies (BGSU)  
 2014 – 2016 Graduate Student Mentor, Psychology Department (BGSU)

### **Review Committees**

2022 NIH Early Career Reviewer Program: *Health Promotion in Communities Study Section*.  
 2022 Reviewer for Central Oregon Community College Foundation Scholarships.

### **Editorial Boards**

- *Journal of Studies on Alcohol and Drugs*

### **Ad-Hoc Journal Peer Reviewer**

- *Addiction Research and Theory*
- *Addictive Behaviors*
- *Addictive Behaviors Reports*
- *Alcohol: Clinical and Experimental Research*
- *Australian & New Zealand Journal of Public Health*
- *Cannabis*
- *Drug and Alcohol Dependence*
- *Drug and Alcohol Review*
- *Emerging Adulthood*
- *Group Dynamics: Theory, Research, and Practice*
- *International Journal of Mental Health and Addiction*
- *International Journal of Sport & Exercise Psychology*
- *Journal of Consulting and Clinical Psychology*
- *Journal of Primary Prevention*
- *Journal of Science and Medicine in Sport*
- *Journal of Sport & Exercise Psychology*
- *Journal of Studies on Alcohol and Drugs*
- *Mental Health and Physical Activity*
- *Prevention Science*
- *Psychology of Sport and Exercise*
- *Psychology of Addictive Behaviors*
- *SAGE Open*
- *Social Science & Medicine*
- *Sport, Exercise, & Performance Psychology*

- *Journal of Adolescent Health*
- *Journal of American College Health*
- *Journal of Applied Sport Psychology*

- *Sports Health*
- *Stigma and Health*
- *Substance Use and Misuse*
- *Substance Abuse: Research and Treatment*
- *Vaccine*